

New Figures 2017

106 Straight Ballet Leg

1.6

From a **Back Layout Position**, one leg is raised straight to a **Ballet Leg Position**. From the **Ballet Leg Position** the vertical leg is bent, without movement of the thigh, to a **Bent Knee Back Layout Position**. The toe moves along the inside of the extended leg until a **Back Layout Position** is assumed.

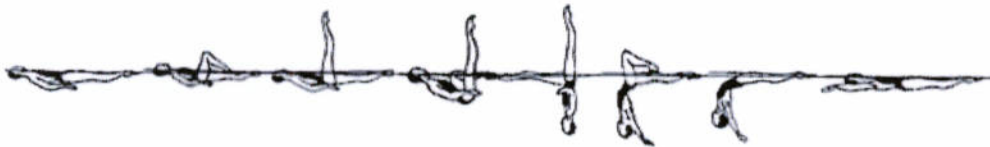


								Total
NVT=	18.5	11.0	10.5					40
PV =	4.63	2.75	2.63					

142 Manta Ray (description-minor changed)

3.0

A Flamingo is executed to a **Surface Flamingo Position**. With the ballet leg maintaining its vertical position, the hips are lifted as the trunk unrolls while the bent leg moves to assume a **Fishtail Position**. The horizontal leg is lifted rapidly in a 180° arc over the surface of the water, as it passes vertical, the vertical leg is moved to assume a **Bent Knee Surface Arch Position**. The bent knee is straightened and with continuous motion, an *Arch to Back Layout Finish Action* is executed.

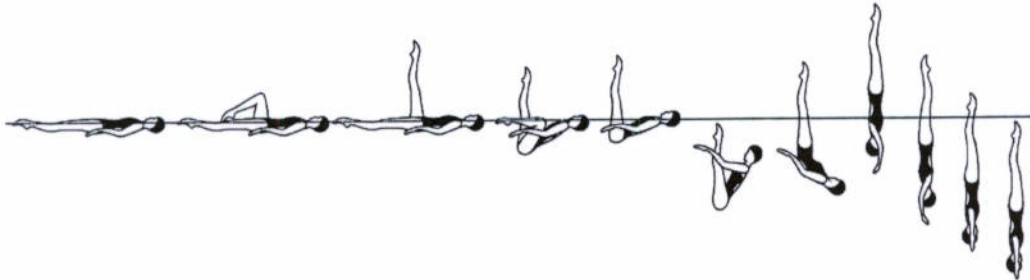


								Total
NVT=	10.5	11.0	13.0	22.5	36.0	14.5	8.0	115.5
PV =	0.90	0.95	1.13	1.95	3.12	1.26	0.69	

143 Rio

3.1

A Flamingo is executed to a **Surface Flamingo Position**. The horizontal leg is extended to a **Surface Ballet Leg Double Positon**. The body submerges vertically to a **Back Pike Position** with the toes just under the surface. The figure is completed as a Barracuda Spin 360°.



								Total
NVT=	10.5	11.0	13.0	13.0	15.0	31.0	30.0	123.5
PV =	0.85	0.89	1.05	1.05	1.21	2.51	2.43	

154 London (new description)

1.9

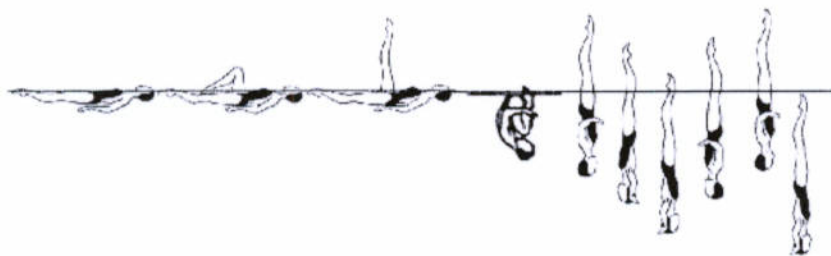
A **Ballet Leg** is assumed followed by a partial Somersault Back Tuck, as both legs are drawn into a **Tuck Position**, until the shins are perpendicular to the surface. The trunk unrolls rapidly as the legs are rapidly straightened to assume a **Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. A rapid *Vertical Descent* is executed.



							Total
NVT=	10.5	11.0	7.0	18.0	13.0		59.5
PV =	1.76	1.85	1.17	3.03	2.18		

154j-1 London Combined Spin 360° 2.7

A London is executed to a **Vertical Position**. A rapid *Combined Spin of 360°* (descending spin 360° + ascending spin 360°) is executed. A rapid *Vertical Descent* is executed.

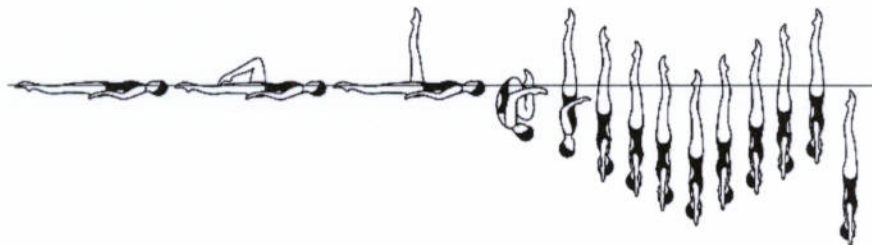


								Total
NVT=	10.5	11.0	7.0	18.0	42.0	13.0		101.5
PV =	1.03	1.08	0.69	1.77	4.14	1.28		

154j-2 London Combined Spin 720°

2.9

A London is executed to a **Vertical Position**. A rapid *Combined Spin of 720°* (descending spin 720° + ascending spin 720°) is executed. A rapid *Vertical Descent* is executed.



								Total
NVT=	10.5	11.0	7.0	18.0	50.0	13.0		109.5
PV =	0.96	1.00	0.64	1.64	4.57	1.19		

226 Swan

2.1

A Nova is executed to the **Bent Knee Surface Arch Position**. The bent leg straightens to assume a **Knight Position**. The body rotates 180° to assume a **Fishtail Position**. The vertical leg is lowered to the surface to meet the opposite leg in a **Front Pike Position** and with continuous movement the body straightens to a **Front Layout Position**. The head surfaces at the point occupied by the hips at the beginning of this action.

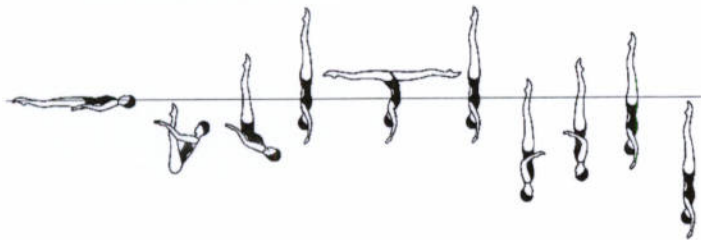


							Total
NVT=	17.5	14.0	14.0	14.5	6.0		66
PV =	2.65	2.12	2.12	2.20	0.91		

308i Barracuda Airborne Split Spin Up 360°

3.3

A Barracuda Airborne Split is executed to a re-joined **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust* to ankle level. The designated *Ascending Spin* is executed. A *Vertical Descent* is executed at the same tempo as the *Thrust*.

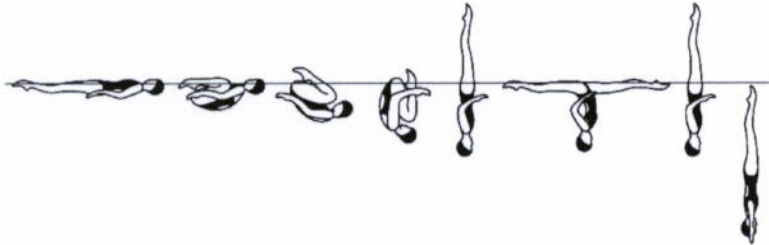


								Total
NVT=	10.0	31.0	43.0	-	15.0	19.0	13.0	47
PV =	0.76	2.37	3.28	-	1.15	1.45	0.99	

315 Seagull

2.1

From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface of the water. The trunk unrolls rapidly as the legs are straightened to assume a **Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. The legs are lowered rapidly symmetrically to **Split Position**. The legs are joined rapidly to resume **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the initial actions of the figure.

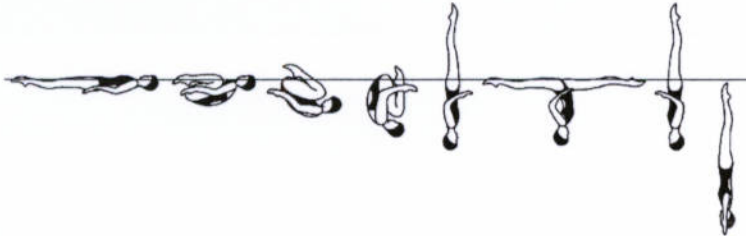


								Total
NVT=		3.0	2.0	18.0	17.0	16.0	14.0	70
PV =		0.43	0.28	2.57	2.43	2.29	2.00	

320 Kipswirl Split Closing 180°

2.3

A Kipswirl is executed to the **Vertical Position**. The legs are lowered symmetrically to a **Split Position**. A rapid rotation of 180° is executed, as the legs symmetrically close to a **Vertical Position**. A *Vertical Descent* is executed.

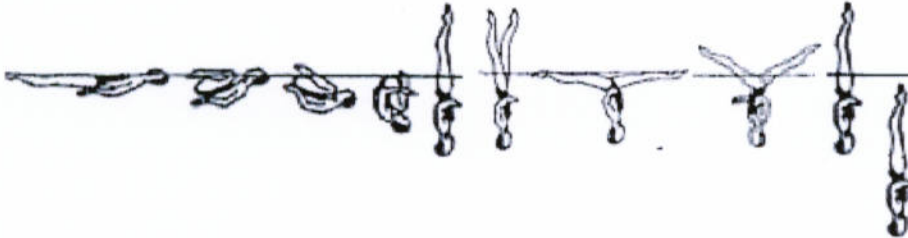


								Total
NVT=		3.0	2.0	25.0	17.0	18.0	14.0	79
PV =		0.38	0.25	3.16	2.15	2.28	1.77	

321 Kipswirl Closing 360°

2.5

A Kipswirl is executed to the **Vertical Position**. The legs are lowered symmetrically to a **Split Position**. A rapid rotation of 360° is executed, as the legs symmetrically close to a **Vertical Position**. A *Vertical Descent* is executed.

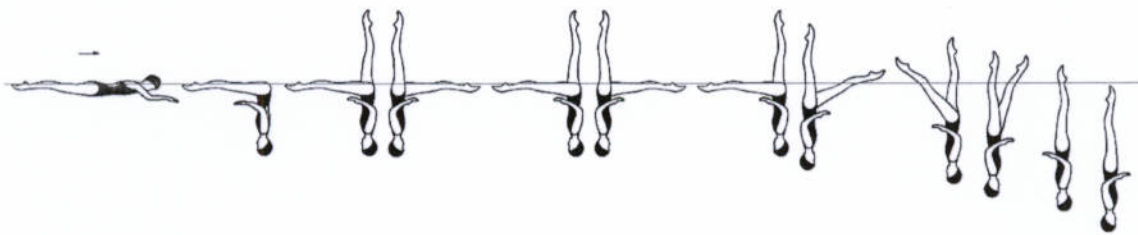


								Total
NVT=	3.0	2.0	25.0	17.0	29.0	14.0		90
PV =	3.33	0.22	2.78	1.89	3.22	1.56		

364 Whirlwind

2.7

From a **Front Layout Position** a *Front Pike Position* is assumed. One leg is lifted to a **Fishtail Position**. Maintaining a **Fishtail Position**, with the horizontal leg leading toward the vertical leg, two rapid rotations (720°) are executed. Continuing in the same direction, the horizontal leg is lifted to a **Vertical Position** as a *Continuous Spin 720°* is executed.

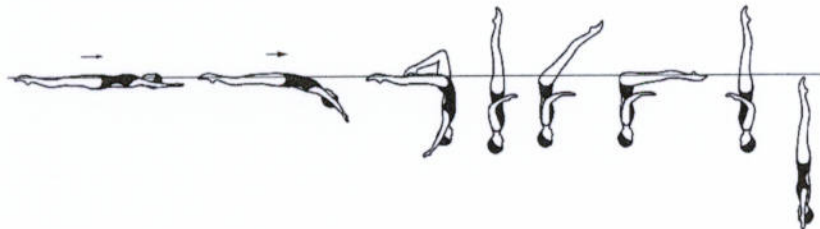








							Total
NVT=	6.0	14.5	50.0	29.5	-		100
PV =	0.60	1.45	5.00	2.95	-		

440 Ipanema

3.0

A Nova is executed to the **Bent Knee Surface Arch Position**. The horizontal leg is lifted as the bent knee is straightened to assume a **Vertical Position**. The legs are lowered to a **Front Pike Position**. A rapid 180° rotation is executed as the legs lift to a **Vertical Position**. A *Vertical Descent* is executed at the tempo of the rest of the figure.



							Total
NVT=	17.5	21.0	33.0	33.0	14.0		118.5
PV =	1.48	1.77	2.78	2.78	1.18		

